



CAREGIVER SUPPORT SERVICES PROGRAM 2017 GROUP SCHEDULE

*Are you caring for a loved one age 60 or older?
You are invited to attend a discussion about Caregiving.*

2nd Wednesday of the month

6:00-7:15 pm

Christ the King Church

20 Sumter Avenue (**Guilderland**)

Albany, NY 12203

3rd Wednesday of the month

12:00-1:00 pm

Church of St. Mary's

163 Columbia Turnpike

Rensselaer, NY 12144

4th Wednesday of the month

6:00-7:15 pm

West Central Rensselaer County

Lutheran Parish

470 Winter St. Extension

North Greenbush, NY 12180

Call (518) 372-5667 ext. 205 for dates

1:30-2:30 pm

Sacred Heart in Castleton

3 Catholic Way

Castleton on Hudson, NY 12033

REMEMBER TO CARE FOR YOURSELF ~ WHILE CARING FOR A LOVED ONE

*For more information, call the
Catholic Charities Caregiver Support Services Program
(518) 372-5667, ext. 205*

Refreshments are provided at the Support Groups

Catholic Charities welcomes all persons regardless of race, creed, or lifestyle

This program is provided by Catholic Charities Senior & Caregiver Support Services and sponsored by the Albany County Department for Aging, Rensselaer County Unified Family Services, the New York State Office for Aging & the Federal Administration on Aging.

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www.ccseniorservices.org