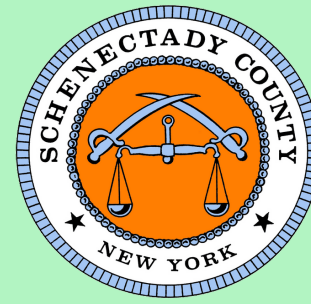


June 2023

Jewish Community Center Meal Site

2565 Balltown Road, Niskayuna, NY
(518) 377-8803

Monday, Wednesday, Friday: 10:00am-1:00pm



1% milk and bread are served daily.
Call (518) 377-8803 to reserve a meal.
Suggested Meal Contribution:
 Registered guests 60 and over - \$3.50
 Required fee for guests under 60 - \$6.75
 Food Stamps welcome.
Menu items are subject to change.
Schenectady County Senior & Long Term Care Website:
www.schenectadycounty.com/sltc
NY Connects
 (518) 382-8481 x1 
www.ccseniorservices.org

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 BINGO Apricot Chicken Stewed Tomatoes Brussel Sprouts Roasted Sweet Potatoes Lady Stella Cookies
5 Tri-Bond Baked Fish w/ Peppers Tomatoes, Mushrooms Coleslaw Mashed Potatoes Orange	6	7 50's Music Trivia Egg Salad Sandwich Three Bean Salad Roasted Potatoes Luigi's Italian Ice	8	9 BINGO Turkey Spinach Meatloaf Carrots & Broccoli Egg Noodles Cinnamon Applesauce
12 EPIC Presentation Baked Omelet w/ Veggies Peas & Zucchini Roasted Potatoes Mandarin Orange	13	14 Flag Day Chicken Primavera Cauliflower, Corn & Peas Whole Wheat Pasta Stella D'Oro Chocolate Cookies	15	16 BINGO Sloppy Joes California Blend Vegetables Roasted Sweet Potatoes Grapes
19 Closed for Juneteenth	20	21 Name that Tune Breaded Chicken Breast Roasted Carrots and Broccoli Mashed Sweet Potatoes Luigi's Italian Ice	22	23 BINGO Vegetarian Chili California Blend Vegetables Brown Rice Canned Peaches
26 Price is Right Italian Baked Chicken Green Beans an Carrots Mashed Potatoes Luigi's Italian Ice	27	28 Birthday Celebration Tarragon Tomato Fish Peas Cauliflower Garden Vegetable Rice Birthday Cake	29	30 BINGO Chicken Fajitas Corn & Black Bean Salad Roasted Sweet Potatoes Pinapple